

Skın Care

Personalized Deep Pore Cleansing Facial Treatment - To improve skin tone and texture, this facial is customized for your skin type and includes skin analysis, cleansing, exfoliation, extractions, ampoules and a facial massage with specific treatment products. Also includes a hand and shoulder massage with essential oils.....\$85

Harmonia Signature Facial Treatment - A deep pore cleansing facial with the addition of a décolleté treatment and a foot massage using essential oils that help balance the body.....\$120

Gentleman's Facial Treatment - Pure stabilized Vitamin C, trace elements, birch sap and other ingredients are used along with deep pore cleansing and Shi Zen D-Tox massage, to protect against pollution, tiredness, stress and premature aging.....\$110

Purifying Facial Treatment for Problem Skin - Deep pore cleansing, lymphatic drainage massage, and special balancing and purifying formulas are used to normalize the skin.....\$110

Sensitive Skin Facial Treatment - A deep pore cleansing treatment designed for delicate skin by using ingredients that help calm, nourish, soothe and strengthen the skin's natural defenses.....\$90

Oxygenating Facial Treatment - Perfect for stressed skin, ingredients such as royal jelly and EFA complexes are added to this deep pore cleansing treatment to increase cellular oxygen intake.....\$90

Renewing Facial Treatment - Get smooth, even skin from this deep pore cleansing facial combined with fruit derived acids (glycolic, malic & lactic) that remove the horny layer of the epidermis and stimulate collagen, basal cell activity, and elastin synthesis. Perfect for skin with scarring or dark spots.....\$90

Anti-Aging Collagen Facial Treatment - A 100% collagen mask is used in combination with a deep pore cleansing facial to achieve maximum hydration, smoothness and freshness.....\$125

Holistic Stone Facial Treatment - Along with a deep pore cleansing facial, cold onyx and hot obsidian stones are used to massage the face, and a special relaxing massage is performed with essential oils on the spine, sternum, solar plexus, shoulders, décolleté, hands and feet.....\$160

Anti-Wrinkle and Repairing Treatment - Stabilized retinol treatment with the ability to penetrate deep speeding up cell repair. Four sessions, including a home care retinol cream\$480

Revitase Lift Contour Treatment - An innovative hydrogel mask made up of several wholly natural ingredients is used in combination with a special shaping massage, ionization, and ampoules to give the face and neck a sculpted, toned, moisturized and firm appearance.....\$125

Vitamin C Treatment - With the use of pure stabilized Vitamin C and other innovative ingredients, this energizing treatment will stimulate collagen production and help skin maintain its elasticity.....\$110

Hydrating Treatment - Natural extracts of marine and aromatic plants are applied with iontophoresis to create a treatment that moisturizes, softens and cools the skin.....\$120

Timexpert Treatment - Inspired by surgery, this micro-dermoxine treatment is a combination of peptides and soy seed extract which offers a safe and effective way to relax expression lines, smooth wrinkles, and firm the skin.....\$160

Pearl Therapy Face Treatment - The minerals, proteins and amino acids in this sophisticated treatment firm, hydrate, and smooth the skin.....\$85

Anti-Wrinkle Eye Treatment - Facial cleansing, exfoliation, appropriate treatment cream and a face mask are combined with an eye contour massage, iontophoresis and the Timexpert eye mask.....\$65

Anti-Aging Eye Treatment - Facial cleansing, exfoliation, appropriate treatment cream and a face mask are combined with a hydrating, anti-aging eye treatment and an essential oil foot massage.....\$60

Facial Massage - Your skin will be healthier and more balanced after this massage with products appropriate for your skin type.....\$40

Glycolic Treatment - Facial cleansing, exfoliation, appropriate strength glycolic ampoule, nourishing ampoule and facial cream.....\$35

Nourishing & Hydrating Back Facial Treatment.....\$80

Purifying Back Facial Treatment.....\$100

Microdermabrasion Treatment - These special crystals have become a popular way of smoothing rough skin, eliminating age spots, reducing fine lines, diminishing hyper-pigmentation and improving scarring. A series of six treatments is recommended.....Face \$125; Body from \$100

Light Therapy Treatments - Light therapy is non-invasive and respectful of the physiology and biology of the skin and muscles. Suitable for all skin types and tailored to the client's specific needs, it increases blood and lymph circulation, collagen production, detoxification of the skin, and aids in the repair process.....\$120

Facial Treatment (for blemished skin, redness, and hyper-pigmentation)
Lifting Treatment (for face, neck, décolleté and hand rejuvenation)

Body Care

Bust Firming Treatment - Improves the tone, strength and elasticity of the skin, which acts as a natural bust support. Includes a hand, scalp and essential oil foot massage.....\$125

Body Polish Treatment - A gentle surface massage with an appropriate exfoliator that helps eliminate dead cells, stimulate circulation, and improve the elasticity of the skin.....\$75

Body Polish with Self-Tanner - A safe alternative without the harmful effects of tanning beds or sun rays (please wear washable clothing)Body \$85; Face & Body \$100

Essential Oil Body Wrap - A perfect addition to facial treatments or reflexology - relaxing, detoxifying or energizing essential oils will help balance the body's functions. Includes a foot massage.....\$95

Moisturizing Body Treatment - Helps regenerate the skin and provides it with the necessary moisture to feel healthy, smooth and supple – can also be used to prepare the skin before or after sun exposure.....\$95

Pressure Therapy - Improves lymph and blood circulation. Perfect for cellulite, water retention and fat deposits. Includes essential oil preparation and a scalp massage.....\$95

Dynamic Comfort Treatment - A holistic massage with Pindas used in combination with self-heating mud, marine algae and essential oils to alleviate stress and promote deep relaxation.....\$130

Heavy/Tired Legs Treatment - Using marine elements and essential oils, this no-shower treatment offers immediate and lasting relief for tired legs and water retention by improving lymph and blood circulation, and helping the elimination of fluids.....Lower Body \$100;Full Body \$140

Remineralizing-Fitness Treatment with Reflexology - Trace elements, minerals and vitamins make up this treatment designed to calm and soothe the mind, stimulate nerve endings, and reactivate and revitalize the skin by giving back the essential substances it lacks.....\$145

Lipo-Stock Sculpting Treatment - This no-shower, detoxifying treatment sculpts the body and gives incredible results by using lymph drainage in combination with special innovative ingredients. Includes an essential oil foot massage.....Lower Body \$100; Full Body \$140

Reducing/Shaping Treatment - An ideal treatment for cellulite and fat deposits - essential oils, a body mask with marine elements and massage techniques work together to reduce toxic accumulations. Includes an essential oil foot massage.....\$145

Spa Firming Treatment - Achieve elasticity and tighter skin from marine elements that are rich in minerals and help firm, detoxify and improve skin tone. Includes an essential oil foot massage.....\$145

Body Firming Coffee Treatment - Firms and defines body contours, helps maintain the youthfulness of the skin, helps the body eliminate fat, and drains liquids and toxins. Includes an essential oil foot massage...\$150

Energizing Coffee Body Mask - Exfoliation of the body and an essential oil foot massage are included with this luxurious treatment that helps the skin recover its suppleness and firmness.....\$150

Deluxe Chocolate Body Mask - Exfoliation of the body and an essential oil foot massage are included with this cellulite treatment that induces the production of endorphins & activates the process of fat elimination...\$150

Anti-Aging Red Grape Mask - Exfoliation of the body and an essential oil foot massage are included with this rejuvenating treatment that helps the skin remain youthful and neutralizes the effect of free radicals....\$150

Gold Therapy Treatment - The power of the sun is united with golden algae in this revitalizing, anti-aging body treatment that protects, stimulates, enriches, and leaves the skin with a subtle golden sparkle...\$150

Pearl Therapy Face & Body Treatment - This sophisticated treatment hydrates, smoothes, firms, and covers the skin with beautiful pearly reflections.....\$200; Just Body \$150

Slim Tone - A passive exercise for muscle toning and to stimulate lymph and blood circulation. Includes a scalp and essential oil foot massage...\$95

Massage Therapy

Swedish Body Massage - Combined multiple techniques to encourage circulation and deep relaxation.....60 minutes \$80
90 minutes \$115

Therapeutic Full Body Massage - A personalized treatment using an essential oil cocktail to stimulate the body's function.....60 minutes \$90
90 minutes \$125

Deep Tissue Body Massage - Aids in the recovery of the muscle tissues after intense stress or activity.....60 minutes \$95
90 minutes \$135
With essential oils additional \$10

Holistic Stone Massage - An exclusive massage using essential oils in combination with cold onyx and hot obsidian stones to achieve total relaxation and harmony between mind, body and spirit.....60 minutes \$110
90 minutes \$155

Maternity Massage - Deeply soothing, improves circulation, reduces foot swelling, relieves lower back tension and comforts the mother and the child for a healthy pregnancy.....60 minutes \$85

Anti-Stress Detoxifying Massage - A relaxing, essential oil massage which uses energy, drainage, and other massage techniques which are focused on the chakras.....75 minutes \$120

Reflexology - A pressure point massage based on the end points of the meridian that opens energy blockages and helps rebalance the system through the hands or the feet.....45 minutes \$60

Manual Lymphatic Drainage Massage - Detoxifying and helps speed up the healing of the body through the use of gentle, precise pumping and strokes that follow the direction of the lymph circulatory system.....
30 minutes \$50
60 minutes \$90

Body Sculpting Massage - Personalized to your body shape with the use of plant extracts and a combination of several massage techniques.....
60 minutes \$100

Shiatsu - Provides a deep calming experience through the use of acupressure and stretching techniques. Helps correct energy imbalances in the body and promotes health.....60 minutes \$85

Reiki - A natural and simple Tibetan healing method which allows the body to absorb more life force energy.....60 minutes \$85

Thai Yoga Massage - Performed on the floor, this combination of massage, yogic stretching, and acupressure stimulates the flow of energy in the body and provides a powerful release of tension.....60 minutes \$95

Acupuncture

First Treatment.....\$100
All Other Treatments.....\$75

Facial Rejuvenation Acupuncture - Reverse the signs of the aging process by reducing fine lines and wrinkles, toning, lifting, increasing collagen and elastin production and balancing the skin's color.....\$190

*Ask for your complimentary skin, body care
and lifestyle habits consultation with Ilona*

About Us

Ilona Csaky's new creation, Harmonia Healing Arts Spa, is taking spa services to the next level by offering a holistic approach to the spa experience. We provide our clients with innovative, results oriented, and healing treatments that combine ancient wisdom with new technology. We are dedicated to the well-being of our clients by focusing on rebalancing and restoring the skin, body, mind and spirit. Our highly trained staff assures complete confidentiality and privacy that will make you feel right at home.

Hours of Operation:

Tuesday and Friday 9:30am – 5:30pm
Wednesday and Thursday 9:30am – 9:00pm
Saturday 9:30am – 4:00pm
Closed Sunday and Monday

Appointments

Appointments are required for spa services, but walk-ins are also welcome, and we will do our best to accommodate you. To secure your appointment, a credit card number is required at the time of booking.

Please arrive 15 minutes prior to your scheduled appointment to check-in, relax and prepare for your treatment. Please understand that if you are late, you will not receive an extension on your scheduled treatment time and you will be charged for the entire session.

Cancellation Policy

If you are unable to keep your appointment, please notify us at least 24 hours in advance. Late cancellations or no-shows will be billed to your credit card on file.

Gratuity

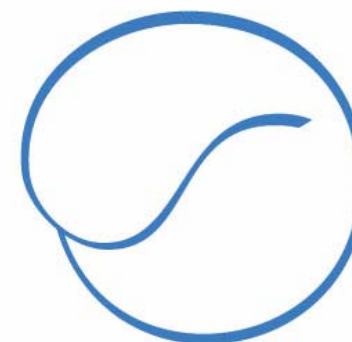
If you were happy with the services you received, it is customary to provide your spa therapist with a 15-20% gratuity. Gratuities are accepted in cash or a check written out to your therapist.

Gift Certificates

Our gift certificates make the perfect gift for any occasion. They may be purchased for denominations in any value or for particular treatments. They are non-refundable, not redeemable if lost or stolen and must be presented at the time of service.

Loss or Damage

We are not responsible for any loss or damage of personal articles, so please leave all valuables at home.



harmonia
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Spa Menu

Complement Treatments

May be added on to any service

Vitamin Capsule.....	\$5
Ampoule.....	\$10
Anti-Aging Eye Treatment with Cytokines.....	\$25
Timexpert Eye Treatment for Wrinkles.....	\$45
Scalp Massage with Essential Oils.....	\$25
Foot or Hand Massage with Essential Oils.....	\$25
Collagen Mask + Ampoule.....	\$40
Firming & Smoothing Mask + Ampoule.....	\$40
Anti-Aging Mask with Cytokines + Ampoule.....	\$40
Hand Renewing Treatment with Thermal Mask.....	\$45
Foot Renewing Treatment with Thermal Mask.....	\$45
Pressure Therapy Treatment.....	\$50
Slim Tone Treatment.....	\$55
Light Therapy.....	\$70

Waxing

Lip or Chin Wax.....	\$15
Eyebrow Wax.....	\$20
Face Wax.....	from \$25
Underarm Wax.....	from \$20
Lower Arm Wax.....	\$30
Full Arm Wax.....	\$40
Thigh Wax.....	\$30
Lower Leg Wax.....	\$30
Full Leg Wax.....	\$55
Full Legs with Bikini.....	\$85
Bikini Wax.....	from \$30
Brazilian Bikini Wax.....	\$60
Back Wax.....	from \$40

Make-Up Services

Eyebrow Dye.....	\$20
Eyeshadow.....	\$35
Day Make-Up.....	\$40
Evening Make-Up.....	\$50
Make-Up Lesson and Application.....	\$75
Bridal Make-Up (includes trial and wedding day application).....	\$150

Nail Services

Manicure.....	\$20
Gentleman's Manicure.....	\$18
French Manicure.....	\$25
Spa Manicure - includes exfoliation, glycolic acid & essential oils.....	\$40
Hand Renewing Treatment with Manicure - includes foot massage.....	\$65
Hand Renewing Treatment - includes foot massage.....	\$55
Nail Polish Change on Hands.....	\$15
Nail Polish Change on Feet.....	\$20
Pedicure.....	\$45
Gentleman's Pedicure.....	\$40
French Pedicure.....	\$55
Spa Pedicure - includes exfoliation, glycolic acid & essential oils.....	\$60
Foot Renewing Treatment with Pedicure.....	\$85
Holistic Stone Pedicure.....	\$70
Pedicure with 25 min. Reflexology.....	\$75

Hydrotherapies & Baths

Water, the essence of all spa treatments, is a source of health, relaxation and well-being. The art of bathing is revived with these special services that are designed to nourish and purify the body and the mind.

Hydrotherapy Tub Treatment - A water massage treatment, in an underwater jet massage tub, using active products to improve lymph and blood circulation, elimination and the immune system.....\$95

Red Wine Bath - Red grapes contain a high level of polyphenols, a powerful anti-free radical, which provides the bath with anti-oxidising and anti-aging properties. Skin is left soft, supple and with a more youthful and vital appearance. Includes full body exfoliation and finishing with a moisturizing body cream.....\$95

Cleopatra Milk Bath - A classic beauty bath that today is transformed into a new and pleasant spa experience. Sink into a delicious silky milk mousse bath enriched with proteins and marine collagen. It offers the skin hydrating and nourishing qualities. Includes full body exfoliation and finishing with a moisturizing body cream.....\$95

Marine Bath - A combination of algae rich in marine elements allows you to enjoy all the benefits of the sea. A pleasurable experience transformed into complete mineralizing care that offers your skin the highest degree of moisture and softness. Includes full body exfoliation and finishing with a moisturizing body cream.....\$95

A Day at Harmonia

Luxurious Package - Deluxe Chocolate Body Mask, 60 min. Swedish Massage, Lunch, Holistic Stone Facial, Manicure, Pedicure and Day Make-Up.....\$490

Anti-Aging Package - Anti-Aging Collagen Facial Treatment, Anti-Aging Red Grape Mask, Lunch, Hand Renewing Treatment with Manicure and Spa Pedicure.....\$410

Moms-To-Be Package - Body Polish Treatment, Maternity Massage, Personalized Deep Pore Cleansing Facial, Lunch, Pedicure, Manicure and Day Make-Up.....\$350

New Mom Package - Body Sculpting Massage, Personalized Deep Pore Cleansing Facial, Lunch, Manicure, Pedicure, Day Make-up.....\$290

Relaxing Spa Package - Anti-Stress Detoxifying Massage, Personalized Deep Pore Cleansing Facial, Lunch, Manicure and Pedicure.....\$270

Gentleman's Package - 60 min. Deep Tissue Body Massage, Gentleman's Facial Treatment, Lunch, Gentleman's Manicure and Gentleman's Pedicure.....\$260

Couple's Retreat - 2 Therapeutic Full Body Massages, 1 Super Facial Treatment, 1 Gentleman's Facial Treatment, and a gift to help you continue your experience at home.....\$460